AWARD NUMBER: W81XWH-15-1-0605

TITLE: Prevention of Posttraumatic Contractures with Ketotifen (PERK)

PRINCIPAL INVESTIGATOR: Kevin Hildebrand

CONTRACTING ORGANIZATION: University of Calgary

Calgary, T2N1N4

REPORT DATE: October 2016

TYPE OF REPORT: Annual Report

PREPARED FOR: U.S. Army Medical Research and Materiel Command

Fort Detrick, Maryland 21702-5012

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|--------------------------------------|-----------------------------------|--|
| October 2016                         | Annual                            | 30 Sep 2015 — 29 Sep 2016                |
| 4. TITLE AND SUBTITLE                |                                   | 5a. CONTRACT NUMBER                      |
|                                      |                                   | W81XWH-15-1-0605                         |
|                                      |                                   | 5b. GRANT NUMBER                         |
| Prevention of Posttraumatic C        | ontractures with Ketotifen (PERK) | OR140142                                 |
|                                      |                                   | 5c. PROGRAM ELEMENT NUMBER               |
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| 6. AUTHOR(S)                         |                                   | 5d. PROJECT NUMBER                       |
| Kevin A. Hildebrand                  |                                   |  |
|                                      |                                   | 5e. TASK NUMBER                          |
|                                      |                                   |  |
|                                      |                                   | 5f. WORK UNIT NUMBER                     |
| E-Mail:hildebrk@ucalgary.ca          |                                   |  |
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### 13. SUPPLEMENTARY NOTES

### 14. ABSTRACT

Fourteen sites across North America have been identified to conduct a randomized clinical trial. A trial design of a multicentre, multidose, placebo controlled in elbow fracture patients was developed. An unsuccessful operating grant application to the Canadian Institutes of Health Research was completed. A Preapplication to the Peer Reviewed Orthopaedic Research Program (PRORP) Clinical Trial Award (CTA), W81XWH-16-PRORP-CTA, was submitted. Database development and Pre-IND consultation were completed.

### 15. SUBJECT TERMS

Post-traumatic contractures, Randomized Clinical Trial, Elbow fractures, Multicentre, Operating grant applications, PRORP Clinical Trial Award application

| 16. SECURITY CLASSIFICATION OF: |              | 17. LIMITATION<br>OF ABSTRACT | 18. NUMBER<br>OF PAGES | 19a. NAME OF RESPONSIBLE PERSON USAMRMC |   |
|---------------------------------|--------------|-------------------------------|------------------------|---|---|
| a. REPORT                       | b. ABSTRACT  | c. THIS PAGE                  | Unclassified           | 1.2                                     | 19b. TELEPHONE NUMBER (include area code) |
| Unclassified                    | Unclassified | Unclassified                  | Unclassified           | 12                                      |   |

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### 1. INTRODUCTION

This Clinical Trial Development Award (CTDA) pertains to the FY14 Peer Reviewed Orthopaedic Research Program (PRORP) Clinical Trial Development Award (CTDA) announcement to identify and reduce secondary health effects (e.g., joint contracture) that follow reduced mobility from traumatic neuromusculoskeletal injury. This CTDA facilitates an opportunity to design a Phase III RCT on the use of ketotifen in post-traumatic joint contractures. The goal is to design and develop the infrastructure to complete a multicenter Phase III RCT. This will facilitate applications for operation funds to complete the Phase III RCT. The identified funding mechanisms are PRORP or Peer Reviewed Medical Research Program (PRMRP) Clinical Trial Award (CTA) competitions and the Canadian Institutes of Health Research (CIHR) for the Phase III RCT.

### 2. KEYWORDS

Post-traumatic contractures, elbow fractures, randomized clinical trial, multicenter, ketotifen, placebo, IND application, data base, training, contracts, institutional review board.

### 3. ACCOMPLISHMENTS

What were the major goals of the project?

| Development of Phase III RCT  | Timeline | Status                     |  |
|---|----------|----------------------------|--|
| Major Task 1 Recruit Sites  | Months   |                            |  |
| Present at American Society for Surgery of the Hand September 2015 in Seattle   | 0        | Completed                  |  |
| Present at Canadian Orthopaedic Trauma<br>Society Meeting at the annual Orthopaedic<br>Trauma Association meeting October 2015 San<br>Diego | 1        | Completed                  |  |
| Present at Major Extremity Trauma Research<br>Consortium Fall 2015 – Winter 2016.   | 4-6      | Cancelled                  |  |
| Contact US Military Organizations   | 1-6      | Completed                  |  |
| Site Investigator and Site Research Coordinator training  | 9-15     | Pending                    |  |
| IRB and contract completion   | 12-18    | Pending                    |  |
| USAMRMC HRPO review and approval  | 12-18    | Pending                    |  |
| Major Task 2 Regulatory Applications  | Months   |                            |  |
| Pre-IND Consultation  | 1-3      | completed                  |  |
| IND Application Completion  | 4-6      | In Progress – 40% complete |  |
| FDA review, Response to clarification requests or questions   | 7-9      | Pending                    |  |
| Major Task 3 Medication Packaging and Distribution  | Months   |                            |  |
| Identify Manufacturer Canada and US   | 1-3      | Completed                  |  |
| Identify Distributor Canada and US  | 1-3      | Completed                  |  |

| Finalize manufacture and distribution plan with research design / Clinical Research Unit                                     | 15-18  | Pending  |  |
|--|--------|--|--|
| Major Task 4 Data management and Safety  | Months |  |  |
| Identify database and partner – Clinical Research Unit   | 1-2    | Completed  |  |
| Develop Case Report Forms, consent forms   | 6-12   | Case report forms completed, consent forms pending – 80% completed |  |
| Develop database and multicenter submission process  | 12-18  | In progress, 30% completed   |  |
| Develop Xray acquisition and Archiving system  | 12-18  | In Progress, 60% complete  |  |
| License for patient reported outcome measures  | 15-18  | Pending  |  |
| Data monitoring / Quality Assurance plan   | 15-18  | Pending  |  |
| DSMB establishment   | 15-18  | Pending  |  |
| Major Task 5 Phase III RCT design  |        |  |  |
| Study design, Sample size calculation,<br>Statistical analysis plan  | 6-18   | Completed  |  |
| Confounding variable analysis  | 12     | Completed  |  |
| Major Task 6 Transition Plan   |        |  |  |
| Phase III RCT design – sample size calculation, statistical analysis plan, outcome measure and confounding variable analysis | 6-18   | Completed  |  |
| Phase III RCT Grant writing – PRORP or PRMRP CTA; CIHR   | 6-18   | In Progress, 30% complete  |  |
| Public Communication – AHS communication, local media Calgary  | 15-18  | Pending  |  |

### What was accomplished under these goals?

The major activities achieved include identifying participating sites for the multicenter randomized clinical trial (RCT); developing a Phase III RCT study design; applying to operating grant opportunities for the Phase III RCT from the CIHR and PRORP; identifying a medication acquisition, packaging and distribution solution for ketotifen and placebo; ascertaining a system to acquire, archive, and analyze radiographs from the sites that respects privacy considerations and will interact with our data collection; developing a study / project management (randomization, exchange of data in an FDA compliant manner), and an on-site and distance monitoring process; and regulatory applications for ketotifen use in post-traumatic contractures.

A total of 14 sites across North America have been identified – 11 in Canada and 3 in the US (Major Task 1). Two of the US sites are part of the Major Extremity Trauma Research Consortium (METRC). The METRC sites are hospitals that manage civilian and military populations. The 14 sites provide access to sufficient numbers of patients to complete the multicenter RCT trial design. These sites were identified through the

presentations at the American Society for Surgery of the Hand (ASSH), the Canadian Orthopaedic Trauma Society (COTS), and contacting US military organizations, and a formal presentation to METRC was not required.

Operating grants were submitted to 2 agencies (Major Task 6). An unsuccessful application was sent to the CIHR 1<sup>st</sup> Live Pilot Project Scheme operating grant funding opportunity March 2016. A preapplication was submitted September 7, 2016 (Log No. OR160026) to the PRORP CTA announcement W81XWH-16-PRORP-CTA. We were invited in mid October 2016 to submit a full application to this announcement.

In the course of writing these applications, several other tasks were completed. The Bay Area Research Logistics (BARL) of Hamilton, Ontario was engaged to manufacture and distribute the medications (Major Task 3). Finalization of the plan is pending, and will be solidified once a source of funding is obtained for the Phase III RCT. The Clinical Research Unit (CRU) at the Cumming School of Medicine at the University of Calgary has been engaged as the data management center and will provide logistical support for conducting the trial (randomization, coordinating distribution with BARL). The Calgary Image Processing and Analysis Centre (CIPAC) will provide image archiving and interpretation for the multicenter RCT. Further work is required on the data base development, imaging acquisition, and consent forms. These are all part of Major Task 4. Writing the operating grants facilitated the design of the Phase III multicenter RCT (Major Task 5). Ketotifen is an oral anti-asthmatic medication and a topic ophthalmic agent for the treatment of allergic conjunctivitis. An FDA IND application is required to use it in post-traumatic joint contracture prevention. The Division of Pulmonary, Allergy, and Rheumatology products is the FDA branch identified for the application and we have consulted with their Center for Drug Evaluation and Research (CDER) contact, Sandy Barnes. We are now working on the IND application (Major Task 2).

# What opportunities for training and professional development has the project provided?

Nothing to Report.

### How were the results disseminated to communities of interest?

The major reporting activities were the presentations at the ASSH and COTS meetings. The goal was to invite participation in the future Phase III multicenter RCT and to provide input into the design of the RCT.

### What do we plan to do during the next reporting period to accomplish the goals?

There are other components of the CTDA yet to complete. For Major Task 1 application for USAMRMC HRPO review and approval will be completed. The remaining aspects include training of the site Principal Investigator (PI) and Research coordinator and applications to each of the sites Institutional Review Board (IRB). These are pending confirmation of successful applications for the operating funds to conduct the Phase III multicenter RCT. In Major Task 4, licenses will be obtained for the Oxford Elbow Score (OES) and the Disabilities Arm, Shoulder, Hand (DASH). The FDA application will be completed (Major Task 2). Logistics around the medication and, data and project management including Xrays, will occur. The full application to the PRORP

CTA to fund the Phase III multicenter RCT will be submitted. An application to the Project Scheme of CIHR will be submitted late Spring / Summer 2017.

### 4. IMPACT

# What was the impact on the development of the principal discipline(s) of the report?

Nothing to report.

### What was the impact on other disciplines?

Nothing to report.

### What was the impact on technology transfer?

Nothing to report.

### What was the impact on society beyond science and technology?

Nothing to report.

### **5. CHANGES/PROBLEMS**

### Changes in approach and reasons for change

Nothing to report.

### Actual or anticipated problems or delays and actions or plans to resolve them

No problems in the current reporting period. The anticipated implementation of a successful application to the PRORP CTA is October 1, 2017 at the earliest. The current CTDA ends March 29, 2017. Major components yet to achieve are training of the site personnel. It is the opinion of the investigators that this training should occur close to the time of implementation of the Phase II RCT. Thus, an application for a 1 year no cost extension will be submitted to the Awarding Agency Grants Officer. Finalization of the medication distribution, data and project management logistics, appointing members of the Data Safety and Monitoring Board and applications for REB approval at each site will wait pending notification of a successful operating grant application.

### Changes that had a significant impact on expenditures

Expenditures are much lower than anticipated. This relates to the delay in the plans for site personnel training and the application to the IRBs.

# Significant changes in the use or care of human subjects, vertebrate animals, biohazards, and / or select agents

Not applicable. None of these considerations are relevant to the CTDA.

### 6. PRODUCTS

### Publications, conference papers, presentations

Nothing to report.

### Website(s) or Internet site(s)

Nothing to report.

### **Technologies or techniques**

Nothing to report.

### Inventions, patent applications, and / or licenses

Nothing to report.

### **Other Products**

Nothing to report.

# 7. PARTICIPANTS & OTHER COLLABORATING ORGANIZATIONS What individuals have worked on the project?

Name: Kevin Hildebrand
Project Role: Principal Investigator

Research Identifier: orcid.org/0000-0001-8786-9021

Nearest Person Month worked: 2

Contribution to Project: Overall management. Writing grants, study design.

Recruiting sites. Obtaining data management,

medication partners.

Funding Support: Department of Surgery University of Calgary

Name: Alex Garven

Project Role: Research Coordinator

Research Identifier: None Nearest Person Month worked: 3

Contribution to Project: Regulatory application (IND). Database

development. Case report forms, consent. Assist in

study design and writing grants.

Funding Support: Partial support from Worker's Compensation Board

of Alberta, Division of Orthopaedic Surgery,

University of Calgary.

# Has there been a change in the active support of the PD/PI(s) or senior / key personnel since the last reporting period?

Nothing to report.

### What other organizations were involved as partners?

Nothing to report.

# 8. SPECIAL REPORTING REQUIREMENTS COLLABORATIVE AWARDS

Nothing to report.

### **QUAD CHARTS**

Year 1 Quarter 4 quad chart is included in the appendices.

### 9. APPENDICES

- A. Quad Chart
- B. CIHR application Unsuccessful Notice C. Invitation Full Application

## Prevention of Posttraumatic Contractures with Ketotifen (PERK)

OR140142 W81XWH-15-1-0605

PI: Kevin A. Hildebrand Org: University of Calgary Award Amount: \$238,420



### **Study/Product Aim(s)**

- Major Task 1 Recruit sites
- Major Task 2 Regulatory applications
- Major Task 3 Medication Packaging & Distribution
- Major Task 4 Data Management and Safety
- Major Task 5 Phase III RCT design
- Major Task 6 Transition Plan

### **Approach**

This is a clinical trial development award. The goal is to design and develop the infrastructure to complete a multicenter Phase III RCT. This will set the stage to apply to PRORP or PRMRP Clinical Trial Award competition. Applications will also be sent out to the Canadian Institutes of Health Research (CIHR) for the Phase III RCT.

# Afferent nociceptive signal Pain Free nerve endings PARS Substance P PARS Proteases PARS Proteases PARS Proteases Fibroblast Myofibroblast

CIHR March 1, 2016 for the Phase III RCT not funded. Preapplication submitted to opportunity W81XWH-16-PRORP-CTA. Further refinement of REDCap database. Sponsoring branch of FDA consulted and start of IND application.

### **Timeline and Cost**

| Activities CY              | 15   | 16    | 17      |     |
|----------------------------|------|-------|---------|-----|
| PRORP-CTA preapplication   |      |       |         |     |
| March 2016 CIHR grant      |      |       |         |     |
| IND application            |      |       |         |     |
| Data Management and Safety |      |       |         |     |
| Estimated Budget (\$K)     | \$19 | \$208 | \$11 \$ | 000 |

**Goals/Milestones** 

CY16 Goal - PRORP-CTA

☑ Preapplication submitted September 7

**CY16 Goals** – Submit Grants for Phase III trial (Transition)

☑ CIHR – Unsuccessful

CY16 Goal - IND

CY16 Goal - Data management and Safety

- ☑ Development of CRF
- ☑ Trial runs of Database completed

Comments/Challenges/Issues/Concerns

None

**Budget Expenditure to Date** 

Projected Expenditure: \$216,280 Actual Expenditure: \$18.298

**Updated:** (January 10, 2017)



Institute of Aboriginal Peoples' Health

Institute of Aging

July 15, 2016

Institute of Cancer

Research

Institute of Circulatory and Respiratory Health

Institute of Gender and

Health

Institute of Genetics

Institute of Health Services

and Policy Research

Institute of Human Development and Child and Youth Health

Institute of Infection and Immunity

Institute of Musculoskeletal Health and Arthritis

Institute of Neurosciences, Mental Health and Addiction

Institute of Nutrition, Metabolism and Diabetes

Institute of Population and Public Health

Institut de la santé des Autochtones

Institut du vieillissement

Institut du cancer

Institut de la santé

circulatoire et respiratoire Institut de la santé des

femmes et des hommes Institut de génétique

Institut des services et des politiques de la santé

Institut du développement et de la santé des enfants et des adolescents

Institut des maladies infectieuses et immunitaires

Institut de l'appareil locomoteur et de l'arthrite

Institut des neurosciences de la santé mentale et des toxicomanies

Institut de la nutrition, du métabolisme et du diabète

Institut de la santé publique et des populations

July 13, 2010

Dr. Kevin Arnold Hildebrand

University of Calgary

**Cumming School of Medicine** 

Department of Surgery

Division of Orthopaedic Surgery

3280 Hospital Drive NW Calgary, Alberta T2N 4Z6

Dear Dr. Hildebrand,

Your recent application to the Project Grant – Spring 2016 competition, entitled "PrEvention of post-traumatic contractuRes with Ketotifen (PERK)", has been considered by the Canadian Institutes of Health Research (CIHR). Unfortunately, your application was not approved for funding.

Your application reviews and competition results can be accessed through ResearchNet. If you are unable to view these documents, please contact us at support@cihr-irsc.gc.ca.

As CIHR does not notify co-applicants of the decision, we ask that you inform those individuals involved, along with their research institutions (if different from your own) of the outcome of this application.

Should you have any questions, please do not hesitate to communicate with a Processing Officer in the CIHR Contact Centre at 613-954-1968 or by e-mail at support@cihr-irsc.gc.ca.

Sincerely,

Kertine Rapianer

Martine Lafrance, Ph.D.

Manager, Project Grant Program/Investigator Initiated Research Branch Research, Knowledge Translation and Ethics Portfolio

432865-201603PJT-PJT-366152-48954-DLPNA





**Assistance Agreements Group** 

Kevin Hildebrand University of Calgary 3280 Hospital Drive NW Calgary, AB T2N 4Z6 Canada hildebrk@ucalgary.ca

RE: OR160026 - "Prevention of Post-Traumatic Contractures with Ketotifen II (PERK II)"

STATUS: INVITED TO SUBMIT AN APPLICATION

Dear Kevin Hildebrand:

You are invited to submit an application for a Fiscal Year 2016 (FY16) Department of Defense Peer Reviewed Orthopaedic Research Program (PRORP) Clinical Trial Award.

Your application must include the requisite components, comply with required preparation instructions, and be submitted by 11:59 p.m. Eastern time on December 7, 2016, as described in the FY16 PRORP Clinical Trial Award Program Announcement and General Application Instructions. Applications must be submitted by the Authorized Organizational Representative through Grants.gov (<a href="www.grants.gov">www.grants.gov</a>). For synopsis details, full program announcement, and application package including instructions, go to <a href="http://www.grants.gov/web/grants/search-grants.html">http://www.grants.gov/web/grants/search-grants.html</a> and enter Funding Opportunity Number W81XWH-16-PRORP-CTA under "Basic Search Criteria." The program announcement is located under "Related Documents," and the application package, including instructions, is located under "Package."

Please note that this invitation to submit an application does not assure funding.

Sincerely,

Teresa M. Parker Reeser Grants Officer

cc: Melissa Green Parker, Ph.D. PRORP, Program Manager